FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section 30(h) of the Investment Company Act of 1940	
1. Name and Address of Reporting Leison			2. Issuer Name and Ticker or Trading Symbol KADANT INC [KAI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify
(Last) (First) (Middle) ONE TECHNOLOGY PARK DRIVE		,	3. Date of Earliest Transaction (Month/Day/Year) 06/16/2008	X Office (give title Office (specify below) VICE PRESIDENT
(Street) WESTFORD (City)	MA (State)	01886 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person
				r : " o . '

WESTFORD	MA	01886							X	Form filed by More than One Reporting			
(City)	(State)	(Zip)									Person		
		Table I -	Non-Deriva	tive S	ecurities Acq	uired,	Dis	oosed of,	or Ben	eficially	Owned		
1. Title of Security (Instr. 3)			2. Transac Date (Month/Da		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of 5)	Acquired f (D) (Instr	(A) or . 3, 4 and	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
						Code	v	Amount (A) or (D)		Price	Transaction(s) (Instr. 3 and 4)		(111511.4)
Common Stock	k		06/16/2	2008		М		300	A	\$13.05	5,675	D	
Common Stock	k		06/16/2	2008		S		300	D	\$25.7	5,375	D	
Common Stock	k		06/16/2	2008		M		27	A	\$13.05	5,402	D	
Common Stock	k		06/16/2	2008		S		27	D	\$25.38	5,375	D	
Common Stock	k		06/16/2	2008		M		127	A	\$13.05	5,502	D	
Common Stock	k		06/16/2	2008		S		127	D	\$25.26	5,375	D	
Common Stock	k		06/16/2	2008		М		25	A	\$13.05	5,400	D	
Common Stock	k		06/16/2	2008		S		25	D	\$25.24	5,375	D	
Common Stock	k		06/16/2	2008		M		148	A	\$13.05	5,523	D	
Common Stock	k		06/16/2	2008		S		148	D	\$25.23	5,375	D	
Common Stock	k		06/16/2	2008		M		100	A	\$13.05	5,475	D	
Common Stock	k		06/16/2	2008		S		100	D	\$25.22	5,375	D	
Common Stock	k		06/16/2	2008		M		73	A	\$13.05	5,448	D	
Common Stock	k		06/16/2	2008		S		73	D	\$25.21	5,375	D	
Common Stock	k		06/16/2	2008		M		100	A	\$13.05	5,475	D	
Common Stock	k		06/16/2	2008		S		100	D	\$25.2	5,375	D	
Common Stock	k		06/16/2	2008		M		200	A	\$13.05	5,575	D	
Common Stock	k		06/16/2	2008		S		200	D	\$25.18	5,375	D	
Common Stock	k		06/16/2	2008		M		100	A	\$13.05	5,475	D	
Common Stock	k		06/16/2	2008		S		100	D	\$25.17	5,375	D	
Common Stock	k		06/16/2	2008		M		200	A	\$13.05	5,575	D	
Common Stock	k		06/16/2	2008		S		200	D	\$25.16	5,375	D	
Common Stock	k		06/16/2	2008		M		100	A	\$13.05	5,475	D	
Common Stock	k		06/16/2	2008		S		100	D	\$25.12	5,375	D	
Common Stock	k		06/16/2	2008		M		500	A	\$13.05	5,875	D	
Common Stock	k		06/16/2	2008		S		500	D	\$25.08	5,375	D	
Common Stock	k		06/16/2	2008		M		200	A	\$13.05	5,575	D	
Common Stock	k		06/16/2	2008		S		200	D	\$25.06	5,375	D	
Common Stock	k		06/16/2	2008		M		200	A	\$13.05	5,575	D	
Common Stock	k		06/16/2	2008		S		200	D	\$25.05	5,375	D	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Sec Acq (A) (Disp of (I	osed D) tr. 3, 4	6. Date Exerc Expiration Da (Month/Day/\)	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right To Buy)	\$13.05	06/16/2008		M			2,400	12/10/2001	12/10/2008	Common Stock	2,400	\$0	1,600	D	

Explanation of Responses:

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b-5-1 TRADING PLAN.

by Sandra L. Lambert for Michael J. McKenney

06/18/2008

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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