

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| OMB APPROVAL | |
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|--|---------|----------|--|--|--|---|--|--|
| 1. Name and Address of Reporting Person* <u>Langevin Eric T</u> | | | 2. Issuer Name and Ticker or Trading Symbol <u>KADANT INC [KAI]</u> | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ 10% Owner _____ <input checked="" type="checkbox"/> Officer (give title below) _____ Other (specify below) _____ <u>EXECUTIVE VICE PRESIDENT, COO</u> | | |
| (Last) | (First) | (Middle) | 3. Date of Earliest Transaction (Month/Day/Year) <u>03/10/2017</u> | | | 6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person | | |
| <u>KADANT INC.</u> | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | |
| <u>ONE TECHNOLOGY PARK DRIVE</u> | | | | | | | | |
| (Street) <u>WESTFORD MA 01886</u> | | | | | | | | |
| (City) (State) (Zip) | | | | | | | | |

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) | | | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|------------|--------|---|--|---|
| | | | Code | V | Amount | (A) or (D) | Price | | | |
| Common Stock | 03/10/2017 | | M | | 2,552 | A | (1) | 34,616 | D | |
| Common Stock | 03/10/2017 | | F | | 829 | D | \$57.8 | 33,787 | D | |
| Common Stock | 03/10/2017 | | M | | 635 | A | (2) | 34,422 | D | |
| Common Stock | 03/10/2017 | | F | | 207 | D | \$57.8 | 34,215 | D | |
| Common Stock | 03/10/2017 | | M | | 2,178 | A | (3) | 36,393 | D | |
| Common Stock | 03/10/2017 | | F | | 707 | D | \$57.8 | 35,686 | D | |
| Common Stock | 03/10/2017 | | M | | 555 | A | (4) | 36,241 | D | |
| Common Stock | 03/10/2017 | | F | | 181 | D | \$57.8 | 36,060 | D | |
| Common Stock | 03/10/2017 | | M | | 2,619 | A | (5) | 38,679 | D | |
| Common Stock | 03/10/2017 | | F | | 850 | D | \$57.8 | 37,829 | D | |
| Common Stock | 03/10/2017 | | M | | 671 | A | (6) | 38,500 | D | |
| Common Stock | 03/10/2017 | | F | | 218 | D | \$57.8 | 38,282 | D | |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |
|--|--|--------------------------------------|--|--------------------------------|---|--|-----|--|-----------------|---|--|--|---|--|-------|
| | | | | Code | V | (A) | (D) | Date Exercisable | Expiration Date | | | | | | Title |
| Restricted Stock Unit | \$0.0 | 03/10/2017 | | M | | 2,552 | (1) | 03/10/2017 | 03/10/2017 | Common Stock | 2,552 | \$0 | 0 | D | |
| Restricted Stock Unit | \$0.0 | 03/10/2017 | | M | | 635 | (2) | 03/10/2017 | 03/10/2017 | Common Stock | 635 | \$0 | 0 | D | |
| Restricted Stock Unit | \$0.0 | 03/10/2017 | | M | | 2,178 | (3) | 03/10/2018 | 03/10/2018 | Common Stock | 2,178 | \$0 | 2,179 | D | |
| Restricted Stock Unit | \$0.0 | 03/10/2017 | | M | | 555 | (4) | 03/10/2018 | 03/10/2018 | Common Stock | 555 | \$0 | 556 | D | |
| Restricted Stock Unit | \$0.0 | 03/10/2017 | | M | | 2,619 | (5) | 03/31/2019 | 03/31/2019 | Common Stock | 2,619 | \$0 | 5,236 | D | |
| Restricted Stock Unit | \$0.0 | 03/10/2017 | | M | | 671 | (6) | 03/31/2019 | 03/31/2019 | Common Stock | 671 | \$0 | 1,341 | D | |

Explanation of Responses:

1. The shares represent the partial settlement under a performance-based RSU award granted March 5, 2014. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

2. The shares represent the partial settlement under a time-based RSU award granted March 5, 2014. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.
3. The shares represent the partial settlement under a performance-based RSU award granted March 9, 2015. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.
4. The shares represent the partial settlement under a time-based RSU award granted March 9, 2015. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.
5. The shares represent the partial settlement under a performance-based RSU award granted March 8, 2016. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.
6. The shares represent the partial settlement under a time-based RSU award granted March 8, 2016. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

Remarks:

by Melodie T. Morin for Eric 03/14/2017
T. Langevin

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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